

# Preparing & Eating Food



## Food in Schools After School Program with Nutrition Education/Food Skills

- **Benson Public School**  
4005 James St., Cardinal, ON  
613-657-3095  
[www.ucdsb.on.ca/school/ben/Pages/default.aspx](http://www.ucdsb.on.ca/school/ben/Pages/default.aspx)
- **Commonwealth Public School**  
166 Pearl St., Brockville, ON  
613-345-5031  
[www.ucdsb.on.ca/school/com/Pages/default.aspx](http://www.ucdsb.on.ca/school/com/Pages/default.aspx)
- **Duncan J Schoular Public School**  
41 McGill St., Smiths Falls, ON  
613-283-1367  
[www.ucdsb.on.ca/school/djs/Pages/default.aspx](http://www.ucdsb.on.ca/school/djs/Pages/default.aspx)
- **Lyn Public School**  
38 Main St. E. PO Box 186, Lyn, ON  
613-345-1242  
[www.ucdsb.on.ca/school/lyn/Pages/default.aspx](http://www.ucdsb.on.ca/school/lyn/Pages/default.aspx)
- **Maple Grove Public School**  
151 George St. PO Box 90, Lanark, ON  
613-259-2777  
[www.ucdsb.on.ca/school/mgs/Pages/default.aspx](http://www.ucdsb.on.ca/school/mgs/Pages/default.aspx)
- **Perth and District Collegiate Institute**  
13 Victoria St., Perth, ON  
613-267-3051  
[www.ucdsb.on.ca/school/pdc/Pages/default.aspx](http://www.ucdsb.on.ca/school/pdc/Pages/default.aspx)
- **Rideau District High School**  
251 Main St., Elgin, ON  
613-359-5391  
[www.ucdsb.on.ca/school/rdh/Pages/default.aspx](http://www.ucdsb.on.ca/school/rdh/Pages/default.aspx)
- **St. Luke's Catholic High School**  
4 Ross St., Smiths Falls, ON  
613-283-4477  
[www.cdsbeo.on.ca/?school=st-luke-catholic-high-school](http://www.cdsbeo.on.ca/?school=st-luke-catholic-high-school)

foodcore

Leeds . Grenville . Lanark

[www.foodcorelgl.ca](http://www.foodcorelgl.ca)

613-283-2740