

# Free/Low Cost Meals Rural North Grenville September - December 2024

## Community Meals

Program	Details	Address/Contact
<b>Friendship Luncheon</b>	Every Friday from 11:30-1:00pm Free lunch is served. Good will offering accepted	St. John's United Church 400 Prescott St. Kemptonville 613-258-3259
<b>Friendship Café</b>	Tuesdays from 10 am to noon. Drop in café with coffee/tea, treats, friendship and conversation	St. John's United Church 400 Prescott St. Kemptonville 613-258-3259
<b>Dinner on the House</b> House of Lazarus	Sit down, free meal, open to everyone, every Thursday between 4:00pm and 7:00pm. The dinner is a drop in style with no appointment needed.	Winchester United Church 519 St Lawrence St. Winchester 613-989-3830
<b>Lunch and Learn</b> House of Lazarus	These events are held from September to November and from January to June. Generally held on the 3 <sup>rd</sup> Monday of the month, events start at 11am and end at 1pm. They include lunch, as well as education &/or presentation. While this event is free, registration is required.	Community Hub and Warming Centre 22 High Street, Morrisburg 613-989-3830
<b>Drop-In Centres</b> House of Lazarus	Two weekly morning drop-in centers in Dundas County serving free breakfast; Mondays in Morrisburg (8:30am to 11:00am) and Wednesdays in Winchester (8:30am to 11:00am)	Community Hub and Warming Centre 22 High St., Morrisburg 613-989-3830 Winchester United Church 519 St. Lawrence St., Winchester