

Community Food Programs



SMITHS FALLS - January, February, March 2018

PLEASE CALL TO CONFIRM TIMES AND DATES

Drop into any program free of charge

AGENCY	WHERE & WHEN
Lions Club	Lunch every Wednesday 11:30am to 1:30pm, Community Lunch Program, 19 Abbott St. South, (613) 283-1490
The MISSION	Lunch Monday to Friday 12:00pm to 2:00pm The MISSION 32 Beckwith St. North, (613) 206-7272
St. John's Anglican Church	Sunday Dinner January 21 st , February 18 th , and March 18 th Doors open at 4:00pm 2 George St., (613) 283-1261
Westminster Presbyterian Church	Sunday Dinner 4 th Sunday of the month, January 28 th , February 25 th and March 25 th Noon to 1:30pm, The Pantry February 12 th & March 12 th , 4:30 to 5:30pm Westminster Presbyterian Church, 11 Church St. W., (613) 283-7527
Portland Community Luncheon	Lunch 4 th Tuesday of the month, January, February & March 12:00 noon Portland United Church 10 Colborne St. Portland, (613) 272-2002
FOOD BANKS	Smiths Falls Community Food Bank Monday 5:00 – 7:00pm, Tuesday, Wednesday & Friday 1:00pm to 3:00pm 93 Russell St. E, (613) 283-6695
	Delta Food Bank 2 nd & 4 th Tuesday each month 9:00am to 10:00am Delta United Church (613) 803-3549
	Elgin Food Bank 2 nd & 4 th Thursday each month 10:00am to 12:00pm Bethel Church (613) 359-6118
	Portland Food Bank 1st & 3rd Tuesday each month 11:00am to 12:00pm Portland Community Hall (613) 205-1340
	Westport Food Bank Westport United Church 2 nd & 4 th Thursday each month 9:00am to 11:30pm (613) 273-5289
Salvation Army	Lunch Program Every Friday 11:30 to 1:00pm, Emergency Food Supplies Monday & Wednesday & Thursday mornings only. Call for Appointment Salvation Army 251 Brockville St. (613) 283-3563
Hanley Hall	Community Christmas Dinner December 25, 2017 Doors open 11:30 - Dinner 12:15pm Transportation or take out call Cynthia to arrange 613-283-0220

NOTE: ALL INFO MAY NOT HAVE BEEN AVAILABLE AT PRINT TIME

For more information, call 1-800-660-5853 or visit www.healthunit.org/nutrition